

A Definitive, No Fuss Guide  
to all things DE!

BALLET  
TAP  
JAZZ  
HIP HOP  
CHEER & ACROBATICS  
CONTEMPORARY  
SINGING

# 2023 HANDBOOK



**WHERE ACHIEVING IS FUN!**



## ***OUR MISSION***

**TO CREATE NOT ONLY GREAT  
DANCERS, BUT GREAT KIDS.**

Kids who are creative, inclusive and confident!  
We do this by providing a safe, fun and  
encouraging environment for our students and  
by making the DE experience as simple and  
stress-free as possible for parents.

**Be Bold.  
Be Inclusive.  
Get Creative.  
Get Involved.  
Celebrate Success.**



## ***OUR VALUES***

**DE dares to be different,  
and 2023 will be no exception!**

**We can't wait to share with you the many exciting things  
happening at DE in 2023 and would like to thank you for  
supporting your child's love of all things dance!**

**Karen Bishop (Director)**



## ***CONTACT***

**E: [info@danceexpressmackay.com.au](mailto:info@danceexpressmackay.com.au)**

**P: 0407 675 990**

**Address: 25 Valley St, North Mackay, 4740**

# ***WHAT WE OFFER***

## ***CLASSICAL BALLET***

- Royal Academy Of Dance & COMDANCE Syllabus (Option of Exams)

## ***JAZZ***

- COMDANCE Syllabus (Option of Exams)

## ***TAP***

- TAPATAK OZ Syllabus (Option of Exams)

## ***CONTEMPORARY***

- COMDANCE Syllabus (Option Of Exams)

## ***HIP HOP***

- Primary School & High School Classes

## ***CHEER & ACROBATICS***

- Competitive Cheer & Cheer 4 FUN! Options

## ***CONDITIONING***

- Junior & Senior Classes

## ***SINGING***

- Primary School & High School Classes

# **TINY TOTS**

## **18MTHS-5YRS**

### **CLASSES AVAILABLE:**

- READY SET MOVE
- READY SET DANCE
- READY SET BALLET
- ACRO TOTS & CHEER

Please refer to our  
**PRESCHOOL PROGRAM**  
**INFO PACKAGE** for more  
information on our classes  
for walking age to Kindy.  
**CLICK HERE FOR**  
**PRESCHOOL PACKAGE**

**CLICK HERE FOR  
PREP HANDBOOK**

### **CLASSES AVAILABLE:**

- V.I.P (VERY IMPORTANT PREP!)
- Classical Ballet
- Tap
- Jazz
- Hip Hop

- Conditioning
- Acro & Cheer
- Contemporary/Lyrical
- Music Theatre Exam
- Singing

# **JUNIOR SCHOOL**

## **6-11YRS**

# **SENIOR SCHOOL**

## **12-18YRS**

### **CLASSES AVAILABLE:**

- Classical Ballet
- Tap
- Jazz
- Hip Hop
- Acro & Cheer

- Contemporary/Lyrical
- Conditioning
- Repertoire
- Music Theatre Exam
- Singing

RSD & RSB classes commence Tuesday January 25  
Term 1: Monday 31 Jan–Thursday 2 April  
Term 2: Tuesday 19 April–Saturday 25 June  
Term 3: Monday 11 July–Saturday 17 Sept  
Term 4: Tuesday 4 Oct–Saturday 3 Dec

# **2023 TERM DATES**



# COMPETITION CHEER

Learn fundamental cheer & acrobatic skills with the intention of performing in cheer comps! Comp Cheer kids are required to attend at least one weekly dance class at DE...

## CHEER 4 FUN!

Learn fundamental cheer & acrobatic skills in a fun and safe environment without the addition of competition. Cheer 4 Fun kids will work towards an optional concert performance.

We have a team for everyone!

# CHEER AT DE!



## TRYOUTS

Thursday, January 26, 2023

- 10&Under 11:30-1:00pm
- 11&Over 1:30-3:00pm

Held at Dance Express Mackay

\*\* If joining after this date, athletes will be graded in class time.

## PRICING

\$160 / 10 WEEK TERM

## UNIFORM

Any variation of DE Uniform + Cheer Shoes  
(Shoes can be purchased from  
[cheerdirect.com.au](http://cheerdirect.com.au) - Click here to purchase)

# WHERE ACHIEVING IS FUN!

## ***HOW TO REGISTER***

All students who attend DANCE EXPRESS must complete and return a Registration Form together with their non refundable Registration fee of \$35. This fee is payable once per calendar year.

Please note that NO enrollment is activated unless the form and fee has been received.

**CLICK HERE FOR ENROLMENT LINK**

## ***FEE STRUCTURE***

DANCE EXPRESS terms run in conjunction with the school terms. Regular classes do not run during school or public holidays but we do often have workshops & exam practices.

**NO Classes Public Holidays... YES Classes Student Free Days...**

45 minute classes	\$145/Term
1 hour classes	\$160/Term
1.25 hour classes	\$167.50/Term
1.5 hour classes	\$175/Term
READY SET MOVE	\$140/Term
READY SET DANCE (RSD)	\$170/Term
READY SET BALLET (RSB)	\$140/Term
ACRO TOTS	\$140/Term
RSD & RSB COMBO	\$290/Term
RSD & ACRO TOTS COMBO	\$290/Term
RSB & ACRO TOTS COMBO	\$260/Term
RSD, RSB & ACRO TOTS	\$400/Term

### ***We have 2 Payment Options:***

- 1. Full Payment in Week 1 of each term.**
- 2. 1/2 Payment in Week 1 & 1/2 Payment in Week 5.**

Invoices will be issued via Square to your mobile phone at the beginning of each term and payment options are listed above. Alternative classes can be attended for any missed classes during the term, but please make contact to check that there is space available. Refunds are not available for change of mind or change of circumstances. However, in some cases, you may be able to transfer fees towards another class, term or child.

If you are having financial difficulties, please arrange a private chat with Karen to organise a payment plan...

## **COMMUNICATION**

**FACEBOOK:** Our closed Facebook Group 'DANCE EXPRESS MACKAY VIP GROUP' is our main platform for sharing important in-house DE information. This is a closed group for DE Parents, Students & Friends. It is vital that you have notifications turned ON for this group...

[CLICK HERE TO REQUEST TO JOIN!](#)

**EMAILS:** Please make sure that we have your correct email address on file and check your spam settings to ensure you receive all important information.

**GENERAL QUESTIONS:** Please forward these messages through to Karen on 0407 675 990 or via email [admin@danceexpressmackay.com.au](mailto:admin@danceexpressmackay.com.au). Please refrain from contacting staff privately on Facebook.

## **ABSENCES FROM CLASS**

If your child is going to be absent from class we ask you to send a text message to 0407675990 or email

[admin@danceexpressmackay.com.au](mailto:admin@danceexpressmackay.com.au) with the student's name and class missing, please DO NOT message via FB.

Also note that this does not change your term fees in any way.

## **SAFETY**

The studio/teachers are responsible for the students while they are in class. We are not responsible for students who are dropped at the studio well before their class time and left well after their class has finished...

Of course, we will do everything possible to keep all students safe while on the premises, but you can help by asking your child NOT to wait or hang out on the footpath... Students in the following classes are not allowed to leave the classroom until collected by an adult at the back door– Ready Set Dance, Ready Set Ballet, all 6 & under Jazz/Tap, Pre-Primary & Primary Ballet classes...

As the teachers all have families waiting for them at the end of the day we would appreciate students being collected no later than 10 minutes after their class has finished.

Please note that in the event of very bad weather (cyclones or severe storms) the studio closes when schools are closed or the radio is telling people to stay off the roads.

Please listen to the radio, check our FB Group or text Miss B on 0407675990 if you are in doubt...

## ***EISTEDDFOD/COMPETITIONS***

As a studio we participate in the local Mackay Eisteddfod held each year in October. If students are wanting to compete in Solo/Duo sections they must be committed to their classes and practice.

Any student wishing to perform a Solo at the Eisteddfod must have sat the corresponding examination if one is offered for their age group ie.

Tap Exam = Tap Solo, Jazz Exam = Up-Tempo Modern Solo,

Contemporary Exam = Slow Modern Solo, Ballet Exam =

Classical/Demi Character Solo. It is highly recommended that all soloists 10yrs & Up attend their assigned conditioning class.

***Students involved in group items must attend the correct number of classes to be eligible to compete, please note all students involved in group items must be available for rehearsal during the 2nd week of the Sept School Holidays..***

All students who are attending the correct classes are invited to compete, if there is a group section for their age.

Students competing for DANCE EXPRESS are unable to also compete in any dance sections for another school.

Many students also compete in various other competitions around the area. Please advise Miss Bishop if you are interested in travelling to any of these Competitions.

## ***EXAMINATIONS***

Students at DANCE EXPRESS are encouraged to take their examinations in Classical Ballet (RAD & COMDANCE), Contemporary (COMDANCE), Jazz (COMDANCE), Tap (Tapatak Oz), Music Theatre (COMDANCE). If you are wanting your child to enter an examination, please be sure you have enrolled in the correct classes—no child can sit for an examination unless they are participating in the correct number of classes per week from the beginning of the year....Fees & requirements for the exams are the responsibility of the parents, a note is sent home prior to the exam detailing fees and requirements. Please check the 2023 EXAM INFO in this package for all exam details....



## ***ANNUAL CONCERT....***

Every year ALL of our students are invited to perform in our annual dance concert on the big stage at the MECC...

***This is the day when all students get to feel like a STAR.....***

Performance in the concert is completely optional but definitely encouraged. The students work on the routines for these concerts each week in class starting in Term 3, developing their skills in the process and learning the importance of rehearsal, commitment, performance techniques and teamwork... Dressing up in costumes is often the student's favourite part of the year, besides of course, performing in them!!! DANCE EXPRESS is a NO SEW ZONE for parents, all costumes come ready made to put on and dance... A (non-refundable) deposit \$50 is paid at the beginning of Term 3, then the fun begins for the teachers who have the task of costuming every child in the studio. Remember, NO Deposit = NO Costume will be ordered...

***The concert date for 2023 is Sunday Nov 19 show @ 10:00am  
Preschool Concert Sunday Nov 12 shows @ 9:30am & 11:30am***

### **CONCERT FAMILY PACK**

Every family in any of our end of year concerts will need a Concert Family Pack (CFP). This is \$85 and includes: ·

- HD digital copy of the Dance Express Concert applicable to your child·
- Concert certificate (1 per student) ·
- All digital photos from the concerts (thousands!) ·
- Our limited edition 2022 DE concert t-shirt (only one) which the students also wear on stage for the Finale. Siblings will need to purchase a Concert T'Shirt for \$30.



## ***CODE OF CONDUCT***

Below are a few sensible guidelines in the interest of safety, to help keep things calm and orderly at the studio and make sure that students are able to get the most out of their classes without unnecessary disruption:

- No smoking anywhere on the premises, including in our car park & footpath.
- Younger siblings must be supervised (and stay quiet) at all times so as not to disrupt the lessons.
- No running inside the building.
- Students should not enter a classroom without a teacher present.
- Disruptive behaviour is unacceptable, and students will be removed from class after two warnings. This includes talking out of turn in class.
- Only water, no food is to be consumed in the Studios.
- All students are expected to be kind, friendly and respectful of one another both in and out of the studio. We're here to support each other and work as a team.
- Highly competitive unsportsmanlike behaviour in any form by students or parents is not welcome at Dance Express.
- All students phones are to remain inside their bags while at the premises, this includes outside. Phones can be kept inside the student's bag but are not to be used unless it is an emergency where the student will ask the teacher for assistance. Teachers have been instructed to confiscate any phone seen being used and returned to the student at the end of their last class. If there are any issues with this new rule please see Miss Bishop for more clarification.
- When posting on Social Media, students are to understand they are representing DANCE EXPRESS to the public. Please act & post with respect and kindness on these platforms. Any form of bullying, harassment or negative comments will not be welcome.
- When posting on the social media site, Tiktok, students are NOT to be in Studio Uniform or have anything in the video which identifies them as being at DE (like in front of the building or signs) unless the content has been seen & cleared by Miss Brielle before posting.

# 2023 EXAM INFO

Please read the following information very carefully, as failure to be in the correct classes from the beginning of 2023, may result in being unable to sit your exams.  
If you have any queries please refer them to Miss B.

## ROYAL ACADEMY OF DANCE & COMDANCE BALLET EXAMS

Exams are usually held in July/August

Primary = 1 x weekly Syllabus class

Grade One - Grade 4 = 2 x weekly Syllabus classes

Grade Five = 2 x weekly Syllabus classes + Junior Conditioning

Vocational Ballet = 2 x weekly Syllabus classes + 1 x Repertoire class + Senior Conditioning

Repertoire 2/3/4 = 2 x Syllabus class + Senior Conditioning

\*\*\*Compusory RAD Workshop in the 2nd week of the June/July holidays.

## CSTD JAZZ, CONTEMPORARY & MUSIC THEATRE EXAMS

Exams are usually held in June.

Jazz Junior Jazz - Grade 4 = 1 x weekly Syllabus class

Jazz Grade 5 & 6 = 1 x weekly Syllabus class + Age Group Contemporary class

Jazz Grade 7|8|9 = 1 x weekly Syllabus class + Age Group Contemporary class + Senior Conditioning

Contemporary Level 1 & 2 = 1 x Weekly Age Group Contemporary class

Music Theatre Exam (By Invitation Only)

\*\*\*Workshop will be held in the 2nd week of the Easter Holiday (April 11-14)

## TAPATAK OZ EXAMS

Exams are usually held at the end of Term 2.

Tiny Tots - Advanced Performers = 1 x weekly class

\*\*\*Workshop is held in Mackay on a date to be decided by Tapatak Oz.

IF YOU HAVE  
ANY FURTHER  
QUESTIONS  
PLEASE SEE  
MISS B..

MORE DETAILED  
INFORMATION REGARDING  
EXAM FEES &  
REQUIREMENTS WILL BE  
ISSUED CLOSER TO THE  
EXAM TIME.

BACK 2 DANCE!



# UNIFORM 101





# FAQ

## **ARE UNIFORMS COMPULSORY?**

All students are required to own and wear the Studio Uniform at DANCE EXPRESS. For some of the new students, we understand that you may like to wait until the 'make sure you're happy cooling off period' of 4 weeks before you go ahead and purchase the Studio Uniform.

We do, however, require all students to attend each class in uniform throughout the year. We expect all students to own a DE T'shirt....

## **WHY DOES MY CHILD NEED A UNIFORM?**

Overall, uniforms promotes unity and inclusiveness while decreasing the risk of injury in the classroom! At DE, we feel that uniform encourages team spirit and gives students a sense of identity. Uniforms also allow teachers to see movements more clearly, therefore allowing us to correct the dancer's alignment and technique.

## **WHERE DO I PURCHASE THE DE UNIFORM ITEMS?**

Our DE Uniform Items are available at DANCE EXPRESS MACKAY. Our Ballet Uniform and Shoe Requirements are available at DANCEWEAR MACKAY or can be ordered online through Energetiks & Bloch.

## **PLEASE NOTE:**

Please be careful when purchasing 2nd hand uniforms as many are now the OLD uniform. Any uniform with an 'embroidered logo' is no longer part of the studio uniform and we ask it is no longer worn to class.





# WHOLE STUDIO OPTIONS



NEW  
Winter Range!



ALL AVAILABLE AT DANCE EXPRESS OFFICE



# DE JAZZ

DANCE EXPRESS



Black Socks



Black Jazz Shoes



UNIFORM FROM DE - SHOES FROM DANCEWEAR

# **BALLET**

## PRIMARY BALLET



Ballet Pink  
Dance Socks



Ballet Shoes



GRADED +  
VOCATIONAL +  
REPERTOIRE CLASSES

**BALLET UNIFORM AVAILABLE AT  
DANCEWEAR MACKAY**





# TAP



PLUS ANY DE  
SHIRT OPTION...



10&UNDER:  
Tan Buckle  
Tap Shoes

12&OVER:  
Lace Up  
'Slick' Tap Shoes



UNIFORM FROM DE - SHOES FROM DANCEWEAR



# HIP HOP



Any Kind of Sport  
Shoe/Sneaker...

**ALL AVAILABLE AT DANCE EXPRESS MACKAY**





# CONTEMPORARY LYRICAL



NO SHOES  
REQUIRED...

ALL AVAILABLE AT DANCE EXPRESS MACKAY





# ACRO + CHEER



CHEER SHOES VIA  
THIS LINK



**ALL AVAILABLE AT DANCE EXPRESS MACKAY**



# FUN STUFF

## HAIR ACCESSORIES



## DE EARRINGS NOW AVAILABLE!



## SUPPORTER SHIRTS



**ALL AVAILABLE AT DANCE EXPRESS OFFICE**



# HOW TO ENROL

1. **CLICK HERE** FOR  
INSTANT ONLINE ENROLMENT
- OR
2. **SEE THE DE OFFICE**  
FOR ASSISTANCE

\*\* Please note that your enrolment will not be complete until the Registration Fee of \$35 is paid.  
This non-refundable fee is to be paid once per calendar year.

**ALL CLASSES ARE HELD AT  
DANCE EXPRESS MACKAY STUDIOS  
25 VALLEY STREET,  
NORTH MACKAY QLD**

## CONTACT US!

P: 0407 675 990

E: [info@danceexpressmackay.com.au](mailto:info@danceexpressmackay.com.au)

W: [www.danceexpressmackay.com](http://www.danceexpressmackay.com)



DANCE EXPRESS MACKAY



@DANCEEXPRESSMACKAY

